

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



**COURSE OUTLINE**

**COURSE TITLE:** Principles of PSW Practice II

**CODE NO. :** PSW130 **SEMESTER:** 2

**PROGRAM:** Personal Support Worker

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**DATE:** Sept. 2013 **PREVIOUS OUTLINE DATED:** Jan. 2012

**APPROVED:** "Marilyn King" **DATE:** Aug. 2013

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	<b>CHAIR, HEALTH PROGRAMS</b>	<b>DATE</b>
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**TOTAL CREDITS:** 3

**PREREQUISITE(S):** PSW120

**HOURS/WEEK:** 3

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*For additional information, please contact the Chair, Health Programs*  
*School of Health, Wellness and Continuing Education*  
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**I. COURSE DESCRIPTION:**

This course will introduce the learner to the responsibilities related to assisting clients with medication administration, the role of the PSW in home management, emergency care, and end-of-life care. This course will also explore abuse, caring for the young, the surgical client, and will cover job search skills to prepare students for graduation. Medical terminology and standard abbreviations will continue to be studied to enhance communication within the health care delivery system.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the student will demonstrate the ability to:

1. Act within the personal support worker role, under supervision and by following care/service plans and established policies and procedures.

Potential Elements of the Performance:

- Demonstrate behaviours that indicate taking accountability and responsibility for own actions.

2. Provide client-centered and client directed care under supervision and by following care-service plans and established policies and procedures, in both community and institutional settings.

Potential Elements of the Performance:

- Describe the five stages of grief.
- Describe the support and care for clients and their families through the grieving and/or dying process.
- Explain end-of-life care, the needs of the client, and the needs of the family of a person who is dying.
- Compare cultural, religious, and spiritual beliefs of clients and their families during the grieving and dying process.
- Describe the role of the personal support worker in end-of-life care for clients and their families.
- Identify the signs of approaching death and signs of death.
- Explain the importance of an advance directive and power of attorney.
- Explain the role of the personal support worker in giving post-mortem care.
- Differentiate how clients are physically and psychologically prepared for surgery
- Explain common concerns of those having surgery
- Describe safety concerns, observations, measures, and role of the support worker when preparing and assisting the postoperative client
- Explain why stimulating circulation, meeting nutritional, fluid, hygiene, and elimination needs postoperatively are important factors

3. Support the client's personal care requirements by following care/service plans and established policies and procedures.

Potential Elements of the Performance:

- Identify the role of the personal support worker when assisting clients with medications.
  - Explain the difference between the role of the regulated professional and the role of the unregulated health provider with medication administration.
  - Describe the various forms and routes of administration for medications.
  - Explain the nine rights of assisting with medications.
  - Describe guidelines and procedures to follow when assisting with medications.
4. Support the client's home management services by following care/service plans and established policies and procedures.

Potential Elements of the Performance:

- Explain the importance of providing home management to promote the health, well-being, safety, and comfort of clients.
  - Describe the role of the personal support worker in home management and respecting client preferences when providing home management services.
  - Explain safe use of cleaning supplies and correct body mechanics when providing home management services.
  - Explain the importance of following manufacturer's guidelines relevant to household equipment and appliance use and product use and disposal.
  - Describe the role of the Personal Support Worker in handling the client's money.
  - Explain standard precautions and infection control when providing home management services.
  - Describe cleaning procedures for bedrooms, living rooms, bathrooms and kitchens.
  - Explain the principles and procedures in caring for client's laundry.
  - Explain how to assist clients to prepare food-shopping lists that meets Canada's Food Guide, client preference, budget, and prescribed diet.
5. Communicate effectively and appropriately using oral, written, and non-verbal methods.

Potential Elements of the Performance:

- Write and speak clearly using professional language.
- Use correct medical terminology and approved abbreviations.

6. Assist in the promotion and maintenance of a safe and comfortable environment for client's, their families, self, and others.

Potential Elements of the Performance:

- Identify situations that require notification of first responders such as paramedics, fire fighters and police.
  - Describe the signs, symptoms, and emergency care for cardiac arrest, obstructed airway, hemorrhage, shock and stroke.
  - Identify the different types of seizures and how to care for a person during a seizure.
  - Identify the common causes of burns and the emergency care for burns.
  - Identify the common causes of fainting and the emergency care for a person who has fainted.
  - Identify indicators and responses of physical, emotional, psychological, sexual, and/or financial abuse.
  - Define the responsibility of the personal support worker in abuse situations.
  - Identify the role of the support worker when caring for the young
  - Explain ways to assist children to meet nutritional needs
  - Describe ways to prevent falls, choking, burns, infections, accidental poisoning and cause of early childhood deaths from injury.
  - Identify guidelines for supporting challenging children and common reasons for absences from school
  - Explain how the child's risk for injury can be effected by their developmental level
7. Analyze and present his/her skills, knowledge, attributes, and experience for personal development and employment purposes.

Potential Elements of the Performance:

- Identify tools and sources needed to organize oneself for a job search.
- Explain the difference between a chronological resume and a functional resume.
- List details that are important in a letter of application for a personal support worker position.
- Identify criteria and attributes that interviewers are trying to evaluate during an interview.
- Explain the importance and relevance of a job interview and how to make a good impression during an interview.

8. Adapt his/her current skills and knowledge to new situations.

Potential Elements of the Performance:

- Assess current skills and knowledge and recognize situations that will require adaptation of skills and knowledge.
- Set goals for continued broadening of skills, knowledge, attitudes, and experience to respond to changes in personal and working life.

### III. TOPICS:

1. Home management skills, Shopping, Budgeting, Meal planning
2. Supporting and assisting infants and children
3. Abuse
4. Care of the preoperative and postoperative client
5. Medication and responsibilities
6. End-of-life care
7. Basic emergency care
8. Job seeking skills, Job search, Interview process
9. Career planning

### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Sorrentino, S., Newmaster, R. (2013). *Mosby's Canadian textbook for the personal support worker*. (3rd Canadian ed.). Toronto: Elsevier Mosby.

Sorrentino, S., Wilk, M. J. (2013). *Workbook to accompany Mosby's Canadian textbook for the personal support worker*. (R. Goodacre Ed.). (3rd ed.). Toronto: Elsevier Mosby.

Sault College LMS

### V. EVALUATION PROCESS/GRADING SYSTEM:

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| • Test #1 | 25% |
| • Test #2 | 25% |
| • Test #3 | 25% |
| • Test #4 | 25% |

**A minimum of a "C" grade is required to be successful in all PSW coded courses.**

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

***Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.***

## VI. SPECIAL NOTES:

### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

### Supplemental Exam:

Supplemental exams may be available to students who fall between 56-59% and have attended 80% of classes along with writing all 4 tests.

## VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.